

Flash quotes

As of WED 10 JUN 2026

TIMING, RESULTS SERVICE &
DISTANCE MEASUREMENT BY

Jessica SCHILDER (NED)

Shot Put Women - 2nd 20.11

I started to feel a bit tired today. It was a bit too much for me, but it is fine as it is still quite early in the season. Let's just say - in China, it was a nice weather, and the 21 meters. Now I just need to get to the training a little bit and it will be fine. After that 21m, I do feel a little bit that my opponents are watching me a bit more. But it is great for this sport. I was on a poster as well, so I am just grateful for the shot put in general. It is good to have a little bit more of the attention. I feel just a little bit more confident than before, but any tiny bit helps a lot, because I do not have the confidence by nature at all. So it is good. I go back to training for a week now and then we have Hengelo, Paris and Eugene. But the three competitions in a week and a half, that is something I am not used to. However, all the competitions went well so all good.

10.06.2026 19:47

Chase JACKSON (USA)

Shot Put Women - 1st 20.74 MR SB

I was chuffed to be able to take Valerie Adams name off (from the meeting record) as she is the person we all look up to in the sport so it is kind of surreal. It was not so much that Jessica (Schilder) won in Stockholm but it is about the numbers. I really wanted to get over 21 as I know I have that from training. I have been searching for the number as she did it first. I opened big today which was great and just as my coach told me to do but then I slightly lost the plot. I probably got too excited after that first throw. I need to focus on my technique and I know I can do it. The Europeans here have the advantage of their time zone - this is the first time I have had sleep since I have been here so I think back in the States I will crack it. The nationals and Pre on home soil is where the big numbers will come.

10.06.2026 19:47

Flash quotes

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Lurdes Gloria MANUEL (CZE)**400m Women - 2nd 50.13**

I can say many things which I could have done better in my race today, but considering the cold conditions, the result is not bad. I am not used to compete in such cold weather but I am glad I was able to try something new. It might be very similar in Birmingham too. So I am just trying to get through the Diamond Tour and to try as many races as possible. I would like to tune up to become more competitive on the senior level. Actually, it is my second best time of my career. My next competition will be the Golden Spike in Ostrava with very strong opponents.

10.06.2026 20:17

Emmanuel WANYONYI (KEN)**800m Men - 2nd 1:42.09 SB**

This boy is in a good shape. Can you believe that as an Olympic champion, you are trying to knock down a 17-year-old boy? I started the race in front and after 600 meters to go, I tried to see who is coming to push me. Then I saw him passing me so then I tried to respond. But my target today was to run my SB, to improve. The season is still early. Actually, I feel so happy to run - my daughter is watching me. I am planning to go home tomorrow to train for the next race in Monaco and to enjoy some time with my family. Even my coach told me: remember that your daughter is watching you now. Her name is Noela.

10.06.2026 20:30

Henriette JÆGER (NOR)**400m Women - 1st 49.52 SB**

It feels so good to win here, it's very special and a wonderful feeling. Last year, I finished second here so I really wanted to win today and to make the crowd happy - it's so nice to win for the home crowd. I hope I can build on this win and have a really great season - I'm in such good shape but it's a long time until the European Champs in Birmingham still. I'm very excited to try my best to become the European champion. Training is going great and days like today feel amazing - it was such a great opportunity for me to run here.

10.06.2026 20:31

Flash quotes

As of WED 10 JUN 2026

Marco AROP (CAN)

800m Men - 3rd 1:43.33

I planned on staying back in second or third for most of the race and then executing my move but my last 100m is still not quite there yet - I hope it will be for the next race. I just need to stay healthy, that's all I can ask for. The men's 800m is an amazing place right now and I'm so happy to be a part of it', it's a really exciting time.

10.06.2026 20:34

Freweyni HAILU (ETH)

3000m Women - 1st 8:24.22 WL

This time is very good and I am glad for this result. The weather did not affect me, I think it is normal to race in any conditions. I take it step by step. This was an important race but the main one will come later. I am satisfied with how I felt in this run and also with my tactics. Every win counts. I am just grateful to take this win. My target is to run fast this season.

10.06.2026 20:44

Gout GOUT (AUS)

200m Men - 6th 20.60

It's a great atmosphere here, I'm excited to be here - this was my very first Diamond League and I thank God for this wonderful opportunity. Tebogo is a great athlete, I've looked up to him for a long time and he deserved the win today. There's definitely a lot more room for me to improve but I have plenty of time on my side. There's always pressure on me but all I do is try my best and keep focusing on just having fun. I love competing against the big boys and I'll be back for sure - I put no limits on myself.

10.06.2026 20:49

Flash quotes

As of WED 10 JUN 2026

Sinesipho DAMBILE (RSA)

200m Men - 2nd 20.12

It was a tough race and I know where I went wrong and what I need to work on. I was very confident going into today as I have been running well. I need to watch it back but I think I can improve despite beating some big names today. I am going to Doha next but I am targetting the Commonwealth Games later in the summer which I am very excited for.

10.06.2026 20:51

Letsile TEBOGO (BOT)

200m Men - 1st 19.84 SB

Today, we tried to do it differently. I was about to run the proper curve, because in Rabat, we did not run it. I do not know what I was up to, but I just knew I had that last gear to push in and just get in that sub-20. So today, I wanted to run the curve and just roll out into the home straight and in the last 50m, I just let the legs run towards the line. I want to sit down and look how I performed in this race. But I believe I was almost 100%. I will give it 98% to this race. We get better in every race. After the race, I wanted to talk to Gout Gout but he is so busy with all the media. First and foremost, he should not get comfortable racing with the seniors. He still has a long way to go. He should by all means play with his age mates where he is a bit more comfortable because the more he runs, the more he pushes and the more injuries he is going to get. I hope his management, the coaches and everybody around him will advise that because that is what worked for me. I have seen a lot of people my age racing with seniors and then it did not go well for them. I believe I am the only one who is still standing from Kenya through Cali until now and running with the seniors.

10.06.2026 20:58

Flash quotes

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Cooper LUTKENHAUS (USA)

800m Men - 1st 1:42.08 WL PB

It was a very tough race and I had to dive for the line to be sure of the win. I knew he(Wanyoni) was on my shoulder and I was willing the line to come towards me. To beat the Olympic champion is awesome and it means a lot. I have not seen the grazes yet from my dive but I think they will hurt in the shower later. The Pre is next for me and I am very excited for that. I could take a few days off after this but I will probably be running tomorrow. I have managed to have a look at Oslo while I have been here and it is a lovely city - I hope to explore some more this evening and tomorrow.

10.06.2026 21:08

Amy HUNT (GBR)

100m Women - 2nd 10.99

I wish we'd had better conditions but I'm used to the cold and rain as a Brit! I'm super happy to have backed up my performance in Stockholm here tonight - I wanted top two. It was a messy race for me but it was my third race in six days so I can't complain. I'm consistently around the sub-11 mark now, which is so great and I hope in the summer I'll be able to take a big chunk off. I've never raced in Oslo so it's so nice to be here - it was an amazing race with these amazing girls. Next will be the British Champs and then I'm planning on doing both the Commonwealth Games and the European Championships - I have high hopes for both the 100m and 200m this year, it's exciting.

10.06.2026 21:17

Flash quotes

As of WED 10 JUN 2026

Julien ALFRED (LCA)

100m Women - 1st 10.76

I am healthy and I am happy to get the win here. I would say I am trusting myself a lot more. And I am having so much more fun. Before I came here, my mental coach said to me: when you be yourself, it is the most powerful thing that you can do. And I think I learn more and more from my experiences. As long as I come in the finish healthy, I am happy about it. I work very hard to get to this point in my life. Just being here, racing amongst the best athletes in the world, like I said, I am appreciating every chance I get to run. I love the competitiveness in the 100m eight now. It keeps me on my toes to go out there and compete and be at my best every single time I line up. So I have no complaints right now. Usain Bolt - that is still the person I look up to. I met him last year for the very first time and he is still the one to look up to until today.

10.06.2026 21:20

Kurtis MARSCHALL (AUS)

Pole Vault Men - 1st 5.82m

I'm over the moon with the win today - I've been watching this meeting for the last 16 years, following my rivals competing here as I was growing up so it's a real full-circle moment for me winning here tonight and I'm super happy. I loved competing here - it's an awesome crowd and they really helped lift me over that bar today, I had such a great time. Two lucky Diamond League wins for me this past week. It was a very tricky wind here tonight but I pride myself in being able to compete well in all conditions and I managed to make a big improvement on my performance here last year. I'll keep learning after each competition - the consistency is there so I hope I'll pop that next big bar soon.

10.06.2026 21:36

Sondre GUTTORMSEN (NOR)

Pole Vault Men - 2nd 5.72m

I had a pretty good series tonight despite the really tough conditions but this is just typical Norway June weather, so I'm used to it. I need more to find my confidence yet but it's coming, I was happy with the height tonight. The crowd were amazing - they gave me so many great cheers, I really loved it.

10.06.2026 21:41

Flash quotes

As of WED 10 JUN 2026

Yared NUGUSE (USA)

Dream Mile Men - 2nd 3:48.21

It was certainly a tight finish and I thought I had been given the win but then it changed to second place on one hundredth of a second. There were some big names in there tonight so I was very pleased with my performance and how I pushed right to the tape. It was a great race to be part of. All the Diamond Leagues have been this year. With no Worlds or Olympics it is the focus along with the Ultimate Games. I have Pre next but will go back for some more training before then but today shows I am in good shape.

10.06.2026 21:49

Ziyi YAN (CHN)

Javelin Throw Women - 1st 67.11

I felt pretty good today but the general temperature was quite tough, so maybe I did not perform at my best. In Xiamen, the temperature is generally on the warmer side, whereas here, it was a bit too cold. The venue and everything is really great in Oslo. I think the weather affected the results a bit, but still I think I did a pretty good job of keeping warm and staying ready to throw. I am just glad for the win.

10.06.2026 22:10

Sam KENDRICKS (USA)

Pole Vault Men - 3rd 5.72

It was such a sloppy day today. Even the warm up was bad. The wind was unreal, it was swirling everywhere. Some days you pole vault for the gold and some days you pole vault for the height. You have to reorientate yourself to jump low but get in the game. Kurtis (Marschall) played his game well tonight. He is in the groove after his win in Stockholm and he is on a roll. Mondo is playing a different game - he goes for the world record every time. Sometimes the weather gods are against us in Bislett like today. But we move on and we all go to celebrate Mondo's wedding now after Kurtis has bought us a few drinks tonight for his win!

10.06.2026 22:11

Flash quotes

As of WED 10 JUN 2026

Alison dos SANTOS (BRA)**400m Hurdles Men - 1st 46.89**

It is good to be winning and good to keep winning. It is good to come out of every race with a win, no matter who is in the race. That is good for our self confidence, it boosts you up a little bit. Karsten is more aggressive with his running and I am just learning how to be faster, so I am trying to catch up with him and Rai at the beginning of the race, which makes everything more exciting. It is never going to be easy for anyone. I know I can produce great things down there on the track. I do not want to be the person who is happy to be second. I was the one to beat the seasons before. I have been like in different places and I know the attitude you need to be the best. What is the most important to me is to keep running fast this season, to keep having fun and enjoy myself. The world record is something I am looking for.

10.06.2026 22:24

Sigrid BERGE (NOR)**Javelin Throw Women - 2nd 61.92**

Today was very cold and I felt it with my whole body. I am just super happy that I was able to come out with one solid throw in the fifth series, because the rest was just looking awful. I am especially grateful for the placement and I am already looking forward to the next one. Of course, this is a special place for me as I have trainings here at the stadium, my father is here on the stands and I feel like everybody was cheering for me. But in the end, I am glad I managed to stay relaxed and throw far. I feel like I am an athlete with a different mindset. I feel like I am a new athlete this year. The Chinese is throwing amazing - she has a crazy shoulder.

10.06.2026 22:28

Karsten WARHOLM (NOR)**400m Hurdles Men - 2nd 47.40**

It was such a scrappy race so I was very disappointed afterwards especially here in Bislett, my home. I hit the fourth hurdle which put me out of rhythm and I was chasing from then on. I felt good before the race and in great shape. There is plenty to work on after that so it is back to training for me now and I look forward to London where I hope I can get my own back on the guys.

10.06.2026 22:33

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Page 8 of 9

Flash quotes

As of WED 10 JUN 2026

Emma ZAPLETALOVÁ (SVK)**400m Hurdles Women - 1st 53.13**

To take the third victory in the Diamond League, that is a special thing for me. And today, it was not easy at all. I felt very stiff at the start due to the cold weather. But in general, the run was technically OK, at least I felt that way. I just need to analyze that. My plan was to run with 15 steps until the 8th hurdle and then 16 steps. The finish was tough and I was almost with no power. It is very special for our country to see Slovak athletes winning at the Diamond League. It is a huge honour for me to represent on such a high level. Now off to Ostrava.

10.06.2026 22:33

Timothy CHERUIYOT (KEN)**Dream Mile Men - 1st 3:48.21 SBI**

I enjoy being in Oslo. The crowd are always great here. The race went to plan. I have been running 3000m and 5000m so it was good to do a shorter distance tonight. I have been testing my endurance over the longer distances. My main target is the Diamond League this year, to reach the final and win. Also the Commonwealth Games so I go home for the trials next week. I train in Netherlands now so I am ok with this weather tonight. Jakob (Ingebrigtsen) is a hard working guy and he will be back and be a big challenge to me.

10.06.2026 22:38

Davisleydi VELAZCO (CUB)**Triple Jump Women - 1st 14.85**

For me, it has been a great satisfaction because I really worked a lot for this. My goal was to win this race and also the next one. So I am still working and it is a proud moment for me to have been able to win and it is the fruit of all the work and all the sacrifices I have done until today. Maybe it is a small surprise. Everything was going super good, the competition was good, despite the climate and everything, the results were good and the competition was given to a great level. After this, I compete in Doha, where I hope I will do my best and will enjoy the competition. My main goal this year is the Ultimate championships.

10.06.2026 22:43