

Flash quotes

As of SAT 23 MAY 2026

TIMING, RESULTS SERVICE &  
DISTANCE MEASUREMENT BY



**Mingjie XIE (CHN)**

**5000m Mixed**

I think my execution could be a lot better, but this is a very competitive field and I got my season's best today. In general, I'm OK with the result. I don't feel very challenged tonight. The biggest source of pressure actually is from myself. I don't think I executed well today. My goal is to win the Commonwealth Games. That is what I want.

23.05.2026 17:44

**Muzala SAMUKONGA (ZAM)**

**400m Men**

I'm happy with this result. I've been working so hard to do this. The result shows I am on the right track. I was so close to the winner, but everybody wants to win here. It's what sports it. I didn't really have a specific plan coming to this race, just want to enjoy it. Now I've done it, I'm pretty proud of the this SB result. Being the bronze medalist for my country means it lot to me. I see people's expectations as my motivation to move me forward.

23.05.2026 19:10

**Sigrid BORGE (NOR)**

**Javelin Throw Women**

I'm so so happy. I've worked so hard mentally to get a good result in a big stadium. I'm relieved that I made it happen. Then to be able to work myself back and get a 62 meter throw was amazing. Now I'm going home to work as a teacher at Lambertseter school. I'll compete next at Bislett Games on the 10th of June.

23.05.2026 19:27



Flash quotes

As of SAT 23 MAY 2026

## Adriana VILAGOŠ (SRB)

### Javelin Throw Women

It was a very tough competition. It's great that I was able to compete with the girls here. I can learn a lot from them. I'm satisfied with the result since it's just the beginning of the season. I'm just really putting my technique together. I'm looking forward to competing again and enjoying this season. My current form is getting better, which is shown in today's result. I hope I can also have a good result in the upcoming European Championship.

23.05.2026 19:30

## Adriana VILAGOŠ (SRB)

It's not easy to compete with the champions, but I have to. My biggest goal is to run my personal best. I'm not feeling very well right now and I really just want to sit down and have a rest. Generally, I'm satisfied with today's performance.

23.05.2026 19:30

## Faith CHEROTICH (KEN)

### 3000m Steeplechase Women

The weather is so hot and humid for me, but the audience and the atmosphere here is awesome. My goal for this season is the Ultimate Championships in September. I want to break the Asian record. Tonight's race is difficult for me and I think the result is not bad.

23.05.2026 19:41

Flash quotes

As of SAT 23 MAY 2026

## Rachid MURATAKE (JPN)

### 110m Hurdles Men

Honestly I know I messed up, but it's ok because I ran 22.29s. So that's cool. That's the fastest 2nd race I've ever run, so I'm happy. I have to remind myself a lot of times how great I am, so I feel like last year was a good reflection of how great I am. Being out here competing with Sha'Carri and Shaunae shows that I can roll with the big dogs. So I'm excited for the season. I love Chinese Diamond League. I have so much fun at these meets. It's really organized and the staff are friendly. My biggest goal for this season is to come away from the Ultimate Championship with a podium finish and some prize money.

23.05.2026 19:53

## Winfred YAVI (BRN)

### 3000m Steeplechase Women

I am pleased with 2nd. I'm very proud of my performance. Coming to this race, I really wanted to execute very well in the last hundred meters. I'll review and check how I did. Winning the silver medal last year in Tokyo shows that I had a great season, and it helped me realize that if I can keep on with my consistency, there will be chances for more greater results. I'm looking forward to run an amazing season this year.

23.05.2026 19:57

## Anavia BATTLE (USA)

### 200m Women

The atmosphere is nice but I can't make it for today. I'm not very happy about it. I was trying to push the pace and try my luck, but I couldn't get there. My expectations were a little higher for this one, so hopefully I can improve next time. I've been racing for a longer time now, and I think I have enough experiences at this point. It's really just about executing what I've learned. The 5000m was mostly about strength, so I'm going to keep building that up and come back stronger.

23.05.2026 20:04

Flash quotes

As of SAT 23 MAY 2026

## Biniam MEHARY (ETH)

### 5000m Men

Actually, I'm not sure about whether I'm satisfied with my execution. I still need to look back at the race and see what I did wrong and what I can improve. I'm a bit disappointed, to be honest, but I'll take it. I always want to win. I always want to cross the finish line first, so that's why I'm disappointed that I lost today. But I'll go back, work on a few things, and take it from there. I think as long as you have a good team around you and stay mentally strong, you'll be okay. Because if you are not mentally strong, this sport will eat you alive, so you really need the right people around you.

23.05.2026 20:21

## Jamal BRITT (USA)

### 110m Hurdles Men

Definitely better than last weeks race. It's a solid race, and I came away with the win and that was the whole goal. I've struggled a bit (since I got here), but I felt very good today - better than last week. At least that is how I feel. My Whoop app says otherwise. I was not really focused on that once I stepped on the track. It is just trying to perform.

23.05.2026 20:24

## Alison dos SANTOS (BRA)

### 400m Hurdles Men

It felt good. I always try to get the speed up at 300. I cannot go too fast at the beginning of the race so I am excited with the time. Happy with it. I did not think I could go that fast with this type of race as I did. I am just proud.

23.05.2026 20:40

Flash quotes

As of SAT 23 MAY 2026

## Gift LEOTLELA (RSA)

### 100m Men

I'm pretty satisfied. This was my first time running this event in two years, so I really can't complain. I came here and ran 47.75s. I was expecting a little bit faster, but I'm happy with the performance. Coming into this meet, I already knew I was in good shape, so I guess this time just kind of proved it. I pushed myself pretty hard. Right now, I'm just excited to get more meets under my belt and perform to the best of my abilities. I've been trying to adjust my race plan compared to last year. I'm working on taking 13 steps through hurdle eight instead of hurdle six, so that's something I've really been focusing on in practice.

23.05.2026 21:00

## Caleb DEAN (USA)

### 400m Hurdles Men

Today I'm very satisfied because 8.32m was what I was expecting. It has been a long travel to get here and this was my first competition. Even though I didn't win, I'm satisfied. I achieved what I wanted tonight. The long travel takes a toll. When I arrived in Shanghai last week, my right knee swelled up quite badly. I had to compete with that condition. It's not fully recovered yet, but it's manageable. Still, overall it was a good competition because 8.3m was my target. Hopefully, I can recover properly when I get back to Jamaica and fix the issues from there. As an athlete, you just need to focus on what you usually get wrong or tend to mess up. For me, I focused mainly on my takeoff and part of my runup. When I go back to Jamaica, I'll work more on my landing.

23.05.2026 21:05

Flash quotes

As of SAT 23 MAY 2026

## Ziyi YAN (CHN)

### Javelin Throw Women

Now I am more relaxed. Of course I was more than thrilled to see the result, which I've been looking forward for so long. I finally made it. I came to this race with the goal for 65m, so it really blew mind to see that result coming. After that very first throw, I decide to pass the rest since I feel it will be smart to save some energy since I will have quite some international races coming soon. Not able to compete in the World Championship and the National Games last year because of my age was definitely a bit sad, but on the other hand I felt it's a blessing for me to have more time to prepare for a really good version of me to the spectators. What I want for myself now is consistency. A flash in the pan is not what I want, I don't want this 71.74 to be just a one time thing. WR wasn't in mind before. Like today, my goal was to maybe trying targeting on the Area Record, but now, I think I can push harder. I will see how it will go for the next couple of years and prepare for breaking the WR.

23.05.2026 21:12

## Ziyi YAN (CHN)

It was a good race, the same time as last week. My plan was going for faster, but it shows where I'm now, like the start, and the finish which I have to make it stronger. Now I know where I can do better next time. I can't complain. Overall in this race my execution was good, based on where I know I am from my training. It's a good indication, I can say. The silver medal in Tokyo was great. It was like a stepping stone for me, which brought me a lot of confidence, and a lot of knowledge as well. For the rest of this season, my goal is to get a personal best and go to the Ultimate Championship. I'll see what I can do.

23.05.2026 21:12

Flash quotes

As of SAT 23 MAY 2026

## Tajay GAYLE (JAM)

### Long Jump Men

I think it wasn't all that good. You never really want your first throw to be your best. You would like to build into the competition a bit more. Also, I didn't have my coach here today, so I know next time it will be better. I'm a bit injured, which is permanent. Sometimes it flares up, and sometimes I'm completely fine. So I just have to manage it and work with it. It's important to have a good medical team. They help me get through the pain and get back to feeling normal again, and then I can just focus on throwing. We have the European Championships coming up, so that's my main goal. I want to win a medal in both shot put and discus, ideally two medals.

23.05.2026 21:18

## Jordan GEIST (USA)

### Shot Put Men

It was an ok result for me, I was hoping for a little bit more. But first time in China, I absolutely love to be here. Coming to this race, I was just trying to start off the Diamond League season with some points. Second place is a great place to start that. So I just keep trying to chase the mark and try to execute my techniques a bit more. My body is really in a good position right now, but my techniques could've been a little bit better. This year I've made some breakthrough, the reason behind it I think is focusing on doing the right things, the small things, the basic things. I hope to build on and move forward. I think it's going to get better and better for me, leading up to the 2028 Olympics. I think that's where I will be. We will see.

23.05.2026 21:30

Flash quotes

As of SAT 23 MAY 2026

## Rajindra CAMPBELL (JAM)

### Shot Put Men

For the past couple of months I think I'm just growing stronger. Last year the objective was to win a national record and I didn't get it so coming definitely was the objective the win at first and hopefully the goal was to get over 22. The national record came so I'm really excited. It shows that I'm in good shape. I am excited for the next couple of meets to see if I can push the record.

23.05.2026 21:30

## Shericka JACKSON (JAM)

### 200m Women

You know getting hurt isn't really what you want, and I think for me its not about the fast or slow. It's just about focusing on myself for the last year. The focus was just to stay healthy. I think I got a little Inkeing at the world championships. That's why I started the season a little bit later than usual. So now focusing on working on fine details and learning proper technique under pressure.

23.05.2026 21:33

## Shaunae MILLER-UIBO (BAH)

### 200m Women

This 22.04 means I'm really progressing. It's been a long while from racing. So I am expecting things. With this, I am happy. Everything is going well on the parts of mine, so I am just gonna wait for it. Stay patient, it will come.

23.05.2026 21:34

Flash quotes

As of SAT 23 MAY 2026

## Abbey CALDWELL (AUS)

### 1500m Women

I'm really happy with that. It was really hot out there. A lot harder than last week. It just escalated that extra bit up. So that was tough, but I just wanted to execute a really good race so I'm happy with that.

23.05.2026 21:38

## Abbey CALDWELL (AUS)

It's my first time running this distance in May. After the last track meet, I had a small issue with my foot, so I wasn't really training properly. I just came here being optimistic that I could still perform. With only about a week of training, I actually feel confident moving forward. I always have big dreams and sometimes they even scare me a little. But based on what I ran today, I believe it's going to happen.

23.05.2026 21:38

## Mohamed ABDILAAHI (GER)

### 5000m Men

I feel good. I took the risk to make the race fast, and I did it. At first I paced the guys, almost like a third pacer. I felt so strong that it will be a waste to slow it down. Of course it takes a little bit away on the last lap. I just have to work a little bit harder on it. But it's early season, so it's fine. We're here at the Diamond League, the highest class, and last week I won, this week I ran second. I am happy with it. Coming to this race, my mindset was to reproduce what I did last week. But Xiamen was much tougher. Somehow I feel it's a perfect opportunity to train me for Beijing next year.

23.05.2026 21:42

Flash quotes

As of SAT 23 MAY 2026

## Busang Collen KEBINATSHIPI (BOT)

### 400m Men

I feel good. I'm not suprised by the time. I knew I'm gonna come here I was gonna run a low 44 or a sub 44 which is okay for me.

23.05.2026 21:44

## Peruth CHEMUTAI (UGA)

### 3000m Steeplechase Women

I feel good. My body is feeling good. I'm so happy.

23.05.2026 21:46

## Addisu YIHUNE (ETH)

I'm happy. It is good. It was all good. Next competition is Europe.

23.05.2026 21:47

## Alison dos SANTOS (BRA)

### 400m Hurdles Men

It felt good. I always get the speed up at 300. I cannot go to fast at the beginning of the race so I'm excited with the time. Happy with it. I did not think I could go that fast this type of race that I did. I'm just proud.

23.05.2026 21:51

Flash quotes

As of SAT 23 MAY 2026

## Ferdinand OMANYALA (KEN)

### 100m Men

I enjoyed it to be honest. It was so fun. A good start. I feel great. It is my second diamond league win ever so I have to be excited. This trip has been good. It was just nice to see. Just looking forward to more wins in the future.

23.05.2026 21:54

## Miltiadis TENTOGLOU (GRE)

### Long Jump Men

It was a very good competition. I was very excited to compete in Xiamen. This time was perfect. This is the best I've jumped in the diamond league. Very happy. I got injured and now I'm very healthy so I'm trying to keep it. It was tough, but I found solutions and I never give up. I'm good. I'm back.

23.05.2026 21:56

## Valarie SION (USA)

### Discus Throw Women

It was good. I always feel like the first diamond league meeting is one of the most stressful to find your rhythm and timing. The best in the world all together. It felt really good to compete. I love coming to Xiamen. The energy was awesome. It was so fun to be later in the programme. To have such an intensity to it. I feel good walking away from this competition, and excited for the next one.

23.05.2026 22:00

Flash quotes

As of SAT 23 MAY 2026

## Masai RUSSELL (USA)

### 100m Hurdles Women

I am feeling good. I need to see it. I haven't seen the race yet. I'm feeling blessed. I've been saying all year that I'm gonna break the world record. I don't know when it's gonna happen, but I keep getting closer and closer. I am blessed. I'm ecstatic. All the hard work is truly showing.

23.05.2026 22:19

## Mohamed ABDILAAHI (GER)

### 5000m Men

I feel good. I took the risk to make the race fast, and I did it. At first I paced the guys, almost like a third pacer. I felt so strong that it will be a waste to slow it down. Of course it takes a little bit away on the last lap. I just have to work a little bit harder on it. But it's early season, so it's fine. We're here at the Diamond League, the highest class, and last week I won, this week I ran second. I am happy with it. Coming to this race, my mindset was to reproduce what I did last week. But Xiamen was much tougher. Somehow I feel it's perfect opportunity to train me for Beijing next year. So it is good.

23.05.2026 22:30

## Emily MACKAY (USA)

### 1500m Women

I feel great. My goal was just to come out here and compete to the best of my ability. It's early in the season still. I'm really proud of my effort tonight. I definitely made a big tactical error, which I think it was 600m to go. But I am so happy with how I hung in there and finished really strong. This is my first podium in the Diamond League, so I'm really happy. I gained a lot of confidence from Torun, just racing with some of the best women in the world this season and really proving to myself into the world that I belong there. My goal for this season's outdoor is to keep showing that. I am really happy with my momentum going forward.

23.05.2026 22:31

Flash quotes

As of SAT 23 MAY 2026

## Karsten WARHOLM (NOR)

### 400m Hurdles Men

Obviously 46.82 should report you with a gold and a win, but Alison was also so good tonight. Again I thought I had him in the last hundred, but you know those long legs. I think the only place I want to have second place is at home in bed. But when I run, I always want to win. My plan for the weeks ahead is to train and get ready for the next games. I promise you I will light a fire.

23.05.2026 22:32

## Trayvon BROMELL (USA)

### 100m Men

In this race there's definitely something I have to work on. I feel like we focused so much on the 60 this year. Coming out to this 100, I just have to get better. Keep improving my execution. Keep my head up and keep focusing on getting better. I just want to still be rated as a high executed runner.

23.05.2026 22:32

## Iryna GERASHCHENKO (UKR)

### High Jump Women

I took a year off last year because of pregnancy. Coming to this race, I am happy with this result. Nowadays joining a competition feels different than before, since I have my baby girl's love, which is such a great motivation. Being a working mom is definitely difficult, even more than being a sportsman. But I just want to continue jumping. Every one wants to jump 2m plus, I believe, I hope, I will do it.

23.05.2026 22:33

Flash quotes

As of SAT 23 MAY 2026

## Bin FENG (CHN)

### Discus Throw Women

Coming to this season, I didn't set a very high goal on myself. The race tonight gave me a lot of confidence. Being my 4th time here, I know this stadium so well now. The settings, and the energy here have always been so wonderful so it helped me get into the competition quickly, so my first three jumps just get better and better. It's a great race which I think makes me clear about where I am now and know where I can do better in the days to come. Of course people will have expectations, but I see them as motivations instead of pressure. I will continue holding to my goal of 70m and move towards it.

23.05.2026 22:34

## Bozhidar SARÂBOYUKOV (BUL)

### Long Jump Men

It is a good race. I am happy with that 8.29m. Of course I wanted to jump further, but it's fine. This season has been great which I jumped National Record a couple of months ago, which shows where my shape is coming to this year. I just want to go step by step, and see how it goes and how I can improve and achieve.

23.05.2026 22:35

## Devynne CHARLTON (BAH)

### 100m Hurdles Women

I feel pretty good with a solid race, another PR. The execution was even worse than last week, but I ran faster tonight, I think it's a good sign. During the race, I was just aware of myself the entire time. This season has been wonderful. The dynamic among our team has been great. We push each other. I am just happy that I am healthy, and in good shape. I am just excited to keep pushing my limits and I think it's wonderful.

23.05.2026 22:36